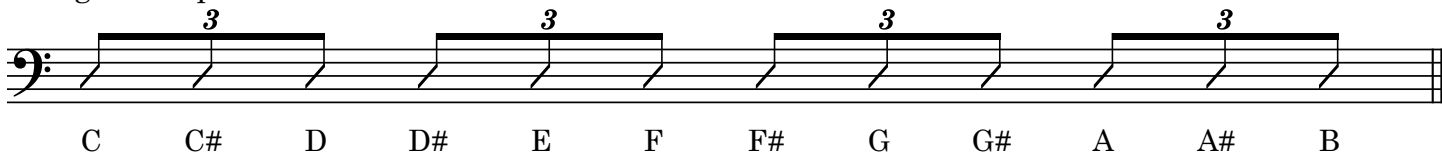# 12 Rhythms, 12 Notes

12 Rhythmic pulse per measure = 8th note triplets

Assign each pulse a note from the chromatic scale

C   C#   D   D#   E   F   F#   G   G#   A   A#   B

Every Scale has a different rhythm

C   C#   D   D#   E   F   F#   G   G#   A   A#   B
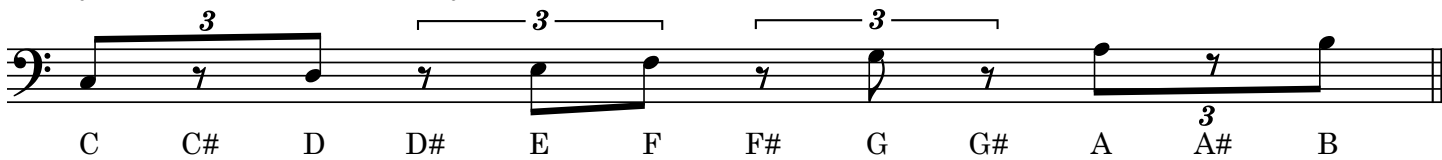
Different pulses will 'turn around' after a different number of beats
(16ths = 4 pulses / beat = phrase turns around every 3 beats